

Complete Breakfasts

Good Start Buffet \$14
Oatmeal, cold cereal and house-made granola with fresh fruit, yogurt, and selection of breakfast breads and pastries. Includes juice and coffee.

The Complete Buffet \$19
The Good Start Buffet plus omelets made to order, homemade Belgian waffles, smoked salmon and a selection of breakfast entrees. Includes juice and coffee.

All - American Breakfast \$16
Three eggs your way with crisp hash browns. Choice of Black Forest ham, bacon, or sausage and toast, bagel or muffin. Includes juice and coffee.

Eggs and Specialties

Chicken-Andouille Sausage Hash \$14
Two poached eggs served over chicken-andouille sausage hash and topped with pommery hollandaise. Served with toast, bagel or muffin.

Classic Benedict \$14
Two poached eggs and Canadian bacon on a toasted, split English muffin. Topped with hollandaise sauce and served with crisp hash browns.

Spinach and Ham Benedict \$15
Two freshly poached eggs, Black Forest ham, sautéed spinach, and wild mushrooms topped with hollandaise. Served with crisp hash browns.

Wild Mushroom Omelet \$13
Roasted wild mushrooms and dill Havarti cheese. Served with crisp hash browns and toast, bagel or muffin.

Ham and White Cheddar Omelet \$13
Black Forest ham and white cheddar cheese. Served with toast, bagel, or muffin.

Smoked Salmon \$13
Thin slices of Norwegian smoked salmon served with capers, red onion, tomato, cucumber and a toasted bagel.

Oatmeal Banana Crème Brulee \$9
The best oatmeal you'll ever have!

Breakfast Burrito \$13
Flour tortilla with scrambled eggs, chorizo sausage, Anaheim chiles and queso fresco. Topped with ranchero sauce and served with crisp hash browns.

Breakfast Sandwich \$12
Scrambled eggs, bacon, cheddar cheese and tomato on a grilled English muffin. Served with crisp hash browns.

Sides

Crisp Hash Browns \$4

Toast, Bagel, or Muffin \$3

Breakfast Meat \$5
Black Forest ham, bacon or sausage

Seasonal Berries \$6

Selection of Kellogg's® Cereals \$5
Served with sliced banana or strawberries and whole, 2% or skim milk.

Fit for You

Steel-Cut Oatmeal [low fat] \$8
A generous portion of traditional oatmeal. Served with brown sugar and raisins, sliced banana or strawberries.

Fruit Berry Parfait [low fat] \$7
Alternating layers of low-fat yogurt, house-made almond granola and locally harvested berries.

Steak & Eggs [carb conscious] \$16
Tenderloin steak with two eggs your way, served with oven roasted tomato and sautéed spinach.

Organic Spinach and Mushroom Frittata [low fat] \$14
Baked with organic eggs, Vermont white cheddar cheese and avocado.

Fresh Seasonal Fruit Plate [low fat] \$11
With locally harvested berries and fruit yogurt.

From the Griddle

Served with your choice of Black Forest ham, bacon or sausage.

Our Signature French Toast \$13
Topped with funnel cake crisps, sliced peaches, toasted almonds and caramel-maple butter syrup.

Buttermilk Pancakes \$12

Belgian Waffles \$12
With locally harvested berries, caramel-maple butter syrup and whipped cream.

Beverages

Juices \$4
Fresh Orange, Grapefruit, Apple, Pineapple, Cranberry, V8® or Tomato Juice

Soft Drinks \$3.25
Pepsi®, Diet Pepsi®, Mountain Dew®, Sierra Mist®, Mug Root Beer® or Pink Lemonade

Fresh Lemonade or Iced Tea \$3.25

Milk, Chocolate Milk, Hot Chocolate \$3.25

Naked® Juices \$4.50

Republic of Tea® [carb conscious] \$4
Blackberry Sage, Pomegranate or Decaf Ginger Peach

Rockstar® \$3.50

The "Power Smoothie" \$5
It will jump start your day!

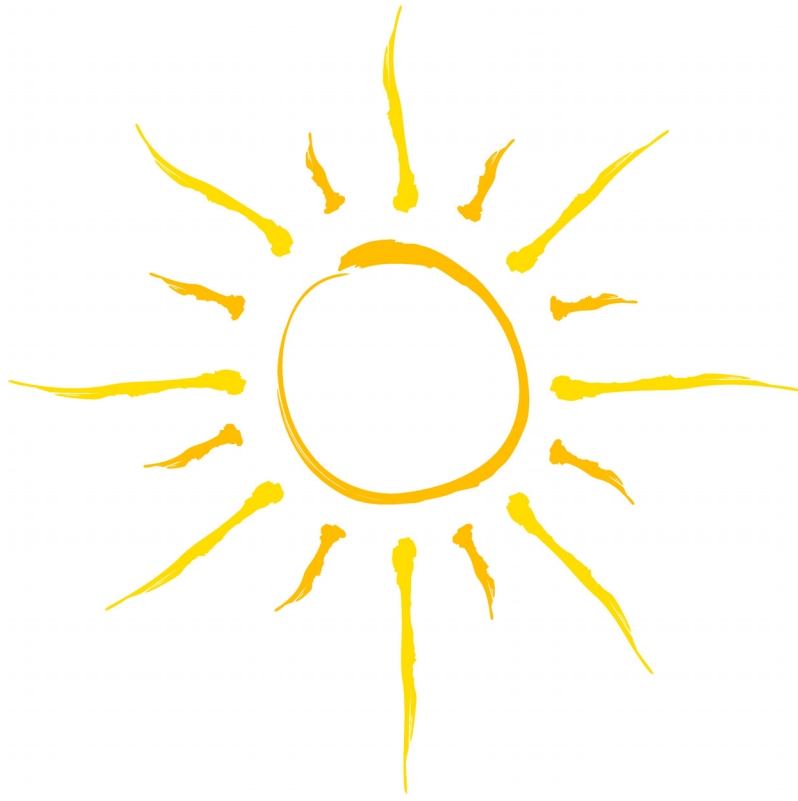
Bottled Water \$4 sm/\$6 lg
Evian®, Fiji® or San Pellegrino®

Specialty and Herbal Teas \$3.25

Gevalia® Coffee or Decaf Coffee \$3.25



Cappuccino or Café Latte \$4
Espresso \$3.50



Café Del Sol

Breakfast